

JUNIOR RACQUET SIZES

It is vital that a young player uses a racquet of the right size relative to his or her height, in order to ensure correct development of the players technique.

Using the wrong size of racquet only makes the game more difficult for a junior. The more difficult the game appears to be, the less young players will want to participate.

A good sports shop will carry a wide range of racquet sizes, and below is a guide that I hope will help with your decision.

If you have any queries about equipment, be sure to contact your coach for advice before you make your purchase.

Height of the player	Racquet length
up to 1.2m (47inches)	56cm (22 inches)
from 1.2m to 1.3m (47 to 51.5 inches)	from 57cm to 62cm (22.5 to 24.5 inches)
from 1.3m to 1.5m (51.5 to 59 inches)	from 63cm to 67.5cm (24.75 to 26.5 inches)