

SPRING/SUMMER JUNIOR TENNIS

COACHING 2013 with John Brady

'The best way to learn tennis is to play tennis'

The Leinster Branch has developed an initiative to encourage more children play competitive tennis. These are fun competitions and aim to introduce the children to competition and to reward them for competing and thus developing their game.



During November we held a pilot scheme and within the programme had a tournament day which was a big success. We are expanding this in the new spring programme. There will be three modules of six weeks in the spring programme and we will run an official tournament in each module as an integral part of the programme.

**SIGN UP
FOR NEW
PROGRAMME**

The core emphasis of the course will be developing and consolidating sound technique and tactics.

We are conscious that all children develop at different speeds and learn in different ways and our programme is designed to cater for this. For the younger ones we focus on developing key motor skills such as balance, movement and co-ordination as well as racket skills.

The NEW coaching programme starts w/c Monday 21st January and runs thru to end of June.

Course Registration Details

COURSE COMMENCES: Week beginning Monday 21st January. Players have a choice of attending one of three days - Monday/Tuesday/Thursday.

COURSE RUNS FOR: 18 weeks

CLASS DURATION: one hour (per week)

DAYS AND TIMES: Coaching will be held on MONDAY, TUESDAY and THURSDAY afternoons and early evenings.

PLAYING STANDARD: All standards. You will be in a group of players of a similar standard to yourself.

AGES: All junior members aged from four to sixteen years.

COACH: JOHN BRADY – Tennis Ireland Registered Coach (PH: 086 259 6965)

FEES: Three instalments of €48 for each module.

TO REGISTER:

- Telephone/text John at 086 259 6965 or
- Email John at johnbradytenniscoach@hotmail.com or

TO GET YOUR CLASS TIMES:

- John will text or e-mail you on the week before the 21st January

NOTES.

1. If you are worried about the weather conditions before or during the lesson, please discuss with John.
2. If your child has a medical condition which you feel John should be aware of, please contact him to discuss in confidence.
3. All players are asked to bring a drink each day.